

Divorcing soon?

**SIGN UP
TODAY!**

WE CAN HELP!



*Divorce: Moving Forward
and Moving On*

Don't want to go through separation or divorce alone?

Have you ever thought this?:

- ◇ Why did I get a divorce?
- ◇ Why did the person divorce me?
- ◇ I don't deserve to be lonely.
- ◇ This wasn't in our five or ten year marital plan.
- ◇ I didn't know how he/she was not happy. If only we had talked, really talked...

This group meets

Tuesdays

7 p.m.-8 p.m.

Please call to register!

This 8 week support group will help you deal with the pain of the past and look forward to rebuilding your life. Divorce is a life altering change and it creates a myriad of emotions and decisions. Topics that will be covered are the process of divorce, self-esteem, stress, blame and guilt, anger, loneliness, forgiveness, and happiness. Additionally, this group will help re-

gain ones confidence, offer insight, support, and often laughter.

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