

Clinician Profiles

At Sanders & Associates, we have experienced, compassionate clinicians who are willing to assist you.

Tiffany D. Sanders, PhD, is an Illinois Licensed Psychologist and Certified School Psychologist.

Sharon Glass, PhD, is a Licensed Clinical Social Worker.

Carol Kruse, LCPC, is a Licensed Clinical Professional Counselor.

John Michet, M.DIV, M.ED., LCPC, is a Licensed Clinical Professional Counselor.

Michael Rouffa, LCSW, is a Licensed Clinical Social Worker and Certified Alcohol and Drug Counselor.

John White, M.ED., LCSW, is a Licensed Clinical Social Worker.

Domenica Ottolino-Kaht, MSW, LSW, is a bilingual/bicultural Licensed Social Worker and Certified School Social Worker.

Jamee Adkins Kerkman, LPC, is a Licensed Professional Counselor.

Tiffany Bellamy, M.A., M.ED, is a clinical therapist.

Tiffany D. Sanders, PhD & Associates

We conveniently offer day, evening and weekend hour appointments.

To schedule an appointment for an evaluation or counseling, please call 708-223-8405 or email us at sanderssassoc@yahoo.com.

All phone calls or emails will be returned within 24 hours.

Offices:

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Phone: 708-223-8405

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Tiffany D. Sanders, PhD & Associates



At Sanders & Associates, we commend your courage to seek out psychological services to help improve your or your family's emotional well-being.

We have experienced, compassionate clinicians who are willing to assist you, and we look forward to the opportunity to work with you.

-- Dr. Tiffany D. Sanders, PhD

Neuropsychological Evaluations

The decision to be psychologically evaluated is a difficult one. Many people grapple with making this decision because they are unsure of its benefits.

An evaluation can:

- make sense of a problem,
- clarify diagnoses,
- provide strategies to help your child function better at school,
- and make recommendations for community based treatment.

Each evaluation battery is specifically tailored to the client's presenting concerns and needs.

The length of an evaluation depends on the client's abilities, referral concern(s), and their response style.

Most evaluations can be completed in one day or across multiple days.

A detailed patient friendly report summarizing the results is provided.

School Consultation

It's important that all adults maintain open communication about intervention strategies implemented both at home and school.

Our clinicians routinely consult with school officials, parents, and teachers when a child's diagnosis adversely affects his academic performance and/or social interactions.

Our clinicians are able to consult on the development of:

- Individual Education Plan (IEP)
- 504 Plan
- Problem Solving or Child Study Team Meeting

Behavioral Interventions

Our clinicians assist parents in developing behavioral intervention plans designed to reinforce compliance and promote positive, prosocial behaviors in your child both at home and school.

Counseling Services

Our clinicians use empirically based therapeutic strategies that are tailored to fit the client's specific needs. Concerns we address include, but are not limited to:

- Addiction
- Anxiety
- Depression
- Loneliness
- Family Conflict
- Bipolar Disorder
- Anger Management
- Self-Esteem Building
- Social Skills Training
- Behavior Management
- Hyperactivity/Impulsivity

As part of a comprehensive treatment plan, we also offer family therapy and marital therapy to identify conflicts, issues and barriers both underlying and obvious, to facilitate healthy communication and improve marriages and families.